



## THE TOLLYGUNGE CLUB LIMITED

120, DESHAPRAN SASMAL ROAD,  
KOLKATA - 700 033  
WEST BENGAL  
INDIA

### SWIMMING TRAINING PROGRAMME

Dear Member,

We are pleased to inform you that Coach Akbar Ali Mir and his team will be joining us to coach swimmers at various categories, starting 2<sup>nd</sup> November 2024 for the following coaching programmes:

#### Coaching Categories:

##### 1. Advanced Coaching

- **Charges :** ₹ 6000/- + GST per head (for 6 months)
- **Timings :**
  - Monday: 6:00 PM – 8:00 PM
  - Tuesday – Friday: 5:45 AM – 7:00 AM
  - Saturday: 8:00 AM – 10:00 AM
- **Start period :** 2<sup>nd</sup> November 2024 onwards

##### 2. Intermediate Coaching

- **Charges :** ₹ 6000/- + GST per head (for 6 months)
- **Timings :** Monday – Saturday: 4:30 PM – 5:30 PM
- **Start period :** 2<sup>nd</sup> November 2024 onwards

##### 3. Beginners Coaching for Children

- **Charges :** ₹ 8000/- + GST (for 8 months)
- **Timings :** Monday – Saturday: 3:30 PM – 4:30 PM
- **Start period :** 1<sup>st</sup> March to 30<sup>th</sup> October 2025

##### 4. General Members Coaching

*Considering popular demand from members, the club is starting a general Coaching program for Adults and all age groups.*

###### A. Morning Group

*For members who have basic swimming skills and wish to fine-tune their strokes, work out, or train for triathlons.*

- **Charges :**
  - Monthly: ₹ 2500 + GST
  - Daily: ₹ 200 + GST
- **Timings :** Tuesday – Saturday: 7:00 AM – 8:00 AM
- **Period :** Throughout the year



**B. Beginners Group (Afternoon)**

*For members who want to learn basic swimming skills and fine-tune their strokes*

- **Charges :**
  - Monthly: ₹ 2500 + GST
  - Daily: ₹ 200 + GST
- **Timings :** Monday – Saturday: 3:30 PM – 4:30 PM
- **Period :** 2<sup>nd</sup> November 2024 to 28<sup>th</sup> February 2025

We encourage all interested members to start registering for the above programs as soon as possible.

Thank you, and we look forward to an exciting swimming season.

**Please complete the form below and submit it to the attendant at the swimming pool desk.**

  
**Brig Ganapathy (Retd)**  
**Chief Executive Officer**

27/10/2024

I would like to enter the following names for the ‘Swimming Training Programme’.

	<b>NAME</b> Member / Member’s Child	<b>COACHING CATEGORY</b>	<b>M/F</b>
1.	_____	_____	_____
2.	_____	_____	_____

Contact No .....

Membership No.....

Date .....

Signature of Member.....