



THE TOLLYGUNGE CLUB LIMITED

120, DESHAPRAN SASMAL ROAD,
KOLKATA - 700 033
WEST BENGAL
INDIA

General Swimming Coaching Program for All Age Groups

Dear Members,

Introduced on 2nd November 2024, our **General Swimming Coaching Program** is now **ongoing** and open to **all age groups** and **adults**. This program caters to various swimming skill levels, whether you're a beginner, looking to refine your strokes, or preparing for events like triathlons. The program has been designed to cater to various swimming skill levels, from beginners to those looking to fine-tune their strokes or train for events like triathlons.

A. Morning Group

For members with **basic swimming skills** who wish to **fine-tune their strokes**, improve fitness, or **train for triathlons**.

- **Charges:**
 - Monthly: ₹ 2500 + GST
 - Daily: ₹ 200 + GST
- **Timings:** Tuesday – Saturday, 7:00 AM – 8:00 AM
- **Period:** Ongoing (Year-round)

B. Beginners Group (Afternoon)

For members who are **new to swimming** or wish to **learn basic swimming skills** and improve their technique.

- **Charges:**
 - Monthly: ₹2500 + GST
 - Daily: ₹200 + GST
- **Timings:** Monday – Saturday, 3:30 PM – 4:30 PM
- **Period:** 2nd November 2024 – 28th February 2025

Forms for registration are available with the attendant at the swimming pool desk.

Happy Swimming!


Brig V Ganapathy (Retd)
Chief Executive Officer

07.11.2024